



Across the Fence

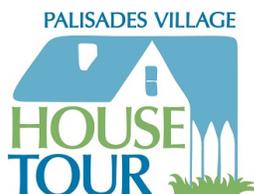
September 29, 2015

www.palisadesvillage.org

PV Calendar

- Sept 29** Yoga
- Sept 29** Storytelling
- Oct 6** Yoga
- Oct 7 New!** Lunch Bunch Starts
- Oct 9 - 30** Lawn Beautification with GDS
- Oct 16 - Nov 6** Tech Camp with GDS
- Oct 13** Yoga
- Oct 14** Lunch Bunch
- Oct 16** C&O Canal Discussion with Napier Shelton
- Oct 17** Palisades Village House Tour
- Oct 19** C&O Guided Walking Tour with Napier Shelton
- Oct 20** Yoga
- Oct 22** Five Wishes: Aging with Dignity Lunch
- Oct 27** Yoga
- Oct 28** Lunch Bunch
- Oct 29** New Member and Volunteer Welcome Wine and Cheese

2015 House Tour



2015 House Tour October 17

The 2015 Palisades Village House Tour will include nine vintage, traditional, and mid-century homes in Foxhall, Palisades, and Wesley Heights. Neighborhood volunteers will serve as docents in each house, recounting historical information and details on architectural and other features.

The tour also includes refreshments on the grounds of St. David's Episcopal Church from 2 p.m. to 4 p.m., with music by the Cabin John Dixieland Band.

Among the highlights this year:

A 1949 mid-century modern that was ahead of its time when its well-known architect sited the house to take advantage of weather patterns and incorporated leading-edge green features into the home.

An 1891 Victorian farmhouse perched atop a hill overlooking a tree-lined block in Wesley Heights.

A 1921 gable-roofed Victorian with a three-level expansion by its architect owner at the rear overlooking Battery Kemble Park.

A 1957 split-level ranch-style house on one of the Palisades country-like lanes has been updated and reconfigured by its architect owner.

A Japanese-style home, built in 1958 for a local district judge and one time owned by a former presidential candidate, offers a total departure from the Washington scene with its tranquil setting



House Tour organizers are still seeking individuals interested in helping at the houses on the day of the tour. If you'd like to participate as a volunteer docent, contact House Tour Chair: Karen Schaar at 202-244-3040 or schaarkaren@gmail.com

and style.

How can I attend?

Tickets are on sale now: \$30 for advance purchase and \$35 the day of the tour. Tickets may be purchased two ways: by clicking on this [link](#) to pay by credit card via PayPal; or by sending a check, payable to Palisades Village, to P.O. Box 40403, Washington, DC 20016. Please note "House Tour" on the memo line.

Tickets (also known as the Program Booklet) must be picked up at St. Patrick's Episcopal Church, 4700 Whitehaven Parkway, NW. **(Please note the new location this year.)** The booklet will provide background on each of the houses, a map, and much more.

From the Front Porch - With Deep Condolences

It is with a heavy heart that we share the passing of our dear member and friend, Judy Rosenfeld. Judy died on September 27 at 90 years of age. She was a resident of the Palisades for over 30 years and was a founding member of Palisades Village in 2007. She was elected to the temporary initial Board of Directors in 2007 and the first regular Board in 2008. Judy served three terms as a Director until December 2013. She was the primary author of the stated purpose of the Village as set out in its incorporating documents and captured the spirit of the Village to help senior citizens remain in their homes rather than moving to retirement homes to get the basic services they need. She was also active in the Palisades Citizens Association and other community organizations.

Judy was an extraordinary individual who led a unique life. In this issue, you will find her obituary written by her family. Judy was our friend and neighbor and she will be deeply missed.

At Judy's request, the family has not planned a memorial service. The family respectfully requests no flowers, but cards and condolences may be sent to:

The Rosenfeld Family
c/o Michael Rosenfeld
5415 Manning Place, NW
Washington, DC 20016

The family suggests that those wishing to remember Judy may make



contributions to Palisades Village or the Washington Home Community Hospice at:

Palisades Village
Community Hospice
PO Box 40403
Department
Washington, DC 20016

or

Washington Home
Charitable Gifts
3720 Upton Street, NW

Washington, DC 20016

Our thoughts and prayers are with the Rosenfeld family during this difficult time.

The Rosenfeld family shared Judy's remarkable life story with us:

Judy Rosenfeld died on September 27, 2015 after a long illness. She was 90 years old.

A long-term resident of the Palisades, Judy was deeply involved in the community throughout her three decades in the neighborhood. She helped to found the Palisades Village in 2007 and served on the board until 2013. She cared deeply about its mission to help people stay in their homes as they aged, and through sheer determination met that goal for herself.

In the 1990's, Judy founded the Institute for Property Assessment Studies, a non-profit that helped Washingtonians appeal their real estate tax assessments. In her desire to help her neighbors, she became something of a gadfly to the District of Columbia assessment office.

Her greatest impact in the Palisades may have been through her numerous friendships. A lucky few got to join her scrabble club or go to one of her lunches or teas, where she invariably held forth like the great storyteller she was. Often her stories would end with the comment that everyone involved had "collapsed on the floor laughing." But even without that punch-line, many of her stories were as remarkable as the life she lived.

Judy Rosenfeld was born in the small town of West New York, NJ, where her father was a family doctor. She attended progressive schools in New York City and loved to recall how she and her friends would hang out in the afternoons, listening to the music of Pete Seeger and Huddie Lead Belly-not on records but in coffeehouses, live.

The combination of Judy's progressive upbringing and her independent spirit was a potent one. By the age of 17, having twice been expelled from the University of Wisconsin, she was working as a cub reporter at the old New York Post. She hung out with Weegee, the great crime photographer, and was sent to report on which celebrities were arriving on the transatlantic ocean liners.

In 1947 she married fellow journalist Alvin Rosenfeld. The paper promptly sent the newlyweds to Palestine, where they covered the Israeli War of Independence. The couple stayed, and when Alvin opened the first NBC News Bureau in Jerusalem, Judy became his unofficial (and unpaid) producer.

*Judy remained a vivid and imaginative writer throughout her life. She authored *Ticket to Israel*, the first guidebook to Israel, in 1951. It contained a vivid mix of history, profiles and advice-including the admonition that gentlemen should pack "two pairs of British-officer style gabardine shorts." This was actually useful, given that the British Mandate had just ended.*

*While her husband covered the Middle East, Africa, and South Asia as a foreign correspondent, Judy raised three children-Michael, Dana and Joel-first in Israel and then in Washington. She found time for varied pastimes and avocations, such as photography, working as an editor at the *Washington Jewish Week* (where she was particularly proud of panning the movie *Yentl*), and even adapting an ancient Bedouin game for commercial distribution.*

Judy moved to the Palisades in 1984 and instantly regarded it as her home. She is survived by her three children; her daughter in law, Beryl Howell; and her three grandchildren, Jared, Alina and Calla.

October Focus

It's Never Too Late to Prepare; Until It's Too Late....

Have you considered the answers to these questions....

Who do I want to make decisions for me when I can't?

How comfortable do I want to be as the end of life approaches?

What medical treatments do I want and don't want?

What do I want my loved ones to know?



Why should I worry about this now?

Having a plan in place well before you need it will ensure your wishes are known and can be followed. *"Every adult has the right to make health care decisions in advance of a health crisis. They should be able to convey these decisions in legally valid documents that are easy to understand, allow people to put their wishes in their own words and include matters of the heart and soul."* Aging With Dignity, creator of the Five Wishes Living Will has an easy to follow booklet to help make your desires clear should the need arise.

Let us help start the conversation.

Palisades Village has teamed up with Home Care Assistance to help you address this very tough issue. Join us for a complimentary lunch at the Palisades Community Church on **October 22, from 11:30 am - 1 pm**. A lawyer will be on hand to help you to understand the paperwork involved with the Five Wishes Program. Accepted as a legal document by hospitals in 42

states, Five Wishes is becoming known as the "living will with heart and soul". It has helped millions share their plan of care when they can no longer speak for themselves.

To learn more about the Five Wishes program, you can visit their website at www.agingwithdignity.org or contact the office at 202-244-3310.

Member Profile

Dana Dalrymple: The Man Behind the Book

Dana Dalrymple and his late wife Helen were Palisades Village Charter Members. From his Arizona Ave. home of many decades, in retirement Dana relishes the development of an unexpected career.

In 1962, following undergraduate and graduate school at Cornell and agriculture extension work at UCONN, with a PhD from Michigan State, and with all his worldly possessions in the back seat of his green Ford, Dana drove to Washington. He began work at the Department of Agriculture.



Helen and Dana met in the Tiber Island elevator of the building where they each lived. In October 1970 the young married couple moved to the Palisades. In tolerable weather Helen bicycled to work to her husband's continued dismay. Initially she worked for Sen. Saltonstall, and later at the Library of Congress, Legislative Reference Service. Their two boys could easily walk to Key School.

Before long, Dana was detailed from USDA to USAID for a "brief" stint. That assignment lasted forty years. "I traveled all over the world on agricultural projects." He retired in October 2008.

Dana's greatest retirement joys are receiving email queries about his technical book, Artemisinin, ACTS and Malaria Control in Africa. Basically Dana, a researcher-writer at heart, had become intensely interested in a Chinese medicinal plant called "Artemisinin." Scientific studies, primarily conducted by a Chinese scientist, led to pill development. That today remains a key ingredient in malaria treatment in Africa and to some extent in Asia until a vaccination can be developed. In Dana's early career the USAID Administrator's office had requested a briefing paper that expanded into a working paper and then after he retired, Dana expanded further into his book.

Dana believes that his book came to fruition via a series of pure chances leading to a career he never planned. Amazingly, his London-based son and daughter-in-law happened to both be editors. They helped him lay out the book. With excellent timing Politics and Prose had newly acquired a book publishing machine into which he placed his manuscript and out came his first printing. Politics and Prose printed about two hundred bound copies. "It didn't really bound off the shelves," he reports with his hearty laugh.

The book provides immense retirement pleasure. Digitally distributed at no

cost facilitates the book's reaching an ever expanding audience, particularly an African readership. "The email exchanges make my day. I'm very happy to talk about my book every chance I have." He receives no financial support. His book is intended for the public good.

Dana's easy laugh and manner belie a most distinguished research career. Describing himself as a "passive but social" Palisades Village member, he is a welcome addition at any event.



Palisades Village Bulletin Board

Georgetown Day School Tech Camp (GDS) runs every Friday from October 16 through November 6. Limited slots are available for 1-hour sessions at the GDS MacArthur Boulevard campus. You will improve your knowledge or resolve problems with laptops, tablets and smart phones. Contact the office to reserve your space or with questions.

Introducing Lunch Bunch or Coffee for the Late Risers!

It seems many of us are not morning people. So we decided to try lunch or coffee for the late risers! Join fellow Palisades Villagers for a laid back lunch and friendly conversation at 7th Hill Pizza at 4885 MacArthur Blvd NW every Wednesday at 11 am. Starting October 7. **Register** by calling the office or [click here](#).



Georgetown Day School Beautification Days runs every Friday from October 9 through October 30. Students will rake, pull weeds, trim bushes and haul debris to help beautify your lawn. Open to full members. Contact the office at 202-244-3310 to schedule your appointment.

Enjoy Playing Chess? We have a couple of members looking for a match up if you are interested. Please contact the office for more information.

New Clubs in the Works

 We once again would like to see if there is interest in a Spanish Conversation Club. Member Kristina Bonilla-Buckingham has graciously offered to host a meeting in her home and provide tapas for the occasion. If you are interested, the first session will take place Saturday, October 3, from 2 to 4 p.m. at her home. Call the office at 202-244-3310 to sign up.

There is interest in forming a Palisades Village Knitting Circle. Please call the

office if you would like more information.

Interested in Partnering with a Walking Buddy?

Are there members and volunteers who might be interested in having a walking partner? Let us know. Call Andrea at 202-244-3310 or email her at asaccoccia@palisadesvillage.org.



We love hearing from our Palisades Village community. Please contact us if you have an item of interest or would like to start / join a club.

Palisades Events

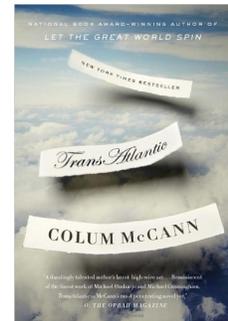
Following are details on upcoming events sponsored by Palisades Village. As always, we gladly offer transportation to full members. Please call to schedule rides.

Tuesday, September 29 Storytelling Club

The popular Storytelling Club resumes Tuesday September 29 at 3 p.m. in the Parlor Room at Palisades Community Church. Plan to join other Village members in sharing funny, heartwarming and every other kind of life story. No registration required. Next dates: October 13 & 27.

Thursday, October 1, Book Club Meeting

The Palisades Book Club will meet at 1:30 p.m. at the Palisades Library to discuss *TransAtlantic* by Colum McCann. The book uses the first nonstop transatlantic flight from Newfoundland to Ireland in 1919 by British aviators Alcock and Brown as a preface for the story. A book that mixes fact and fiction to create this emotionally involving and eminently memorable novel is sure to bring some lively discussion.



Please contact MaryAnn Griffin, who leads our club, with questions and/or if you are interested in participating. All are welcome. Next book will be announced at the meeting. You can reach MaryAnn at magriffmail@gmail.com.

Fall Yoga - Next Date October 6

One of Palisades Village's best programs is our yoga class. There is still time and space to join the class, which meets for one hour on Tuesdays -- from 2 to 3 p.m. -- in Memorial Hall of the Palisades Community Church, 5200 Cathedral Avenue NW. Yoga instructor Jill Minneman works with the skill level of each participant, to make sure you are comfortable. The 14-class session, which started September 8 and runs to December 8, costs \$195 (or \$15 per class to drop in). Contact Jill at jillminneman@gmail.com or call her at 202-237-0246 (home) or 202-607-7402 (cell) to register or to discuss whether this might be a good activity for you.

October dates: October 6, 13, 20 and 27.

Wednesday, October 7, Lunch Bunch Begins

Join with Palisades Village members and volunteers for an informal hour of



conversation and companionship at 7th Hill Pizza on MacArthur Blvd. This gathering will be held **every Wednesday**. Please call or [email](#) the office to register.

Friday, October 16 & Monday, October 19

Friday at 10 a.m., enjoy an illustrated discussion with slide show at the Palisades Library of the natural wonders of the C&O Canal. The discussion will be led by Napier Shelton, author of the book Potomac Pathway: A Nature Guide to the C&O Canal. Follow-up the presentation by accompanying Napier on a hour-long guided walk down the C&O Canal on Monday, October 19. The group will meet at the Palisades Community Church at 9 a.m. and carpool to the Pennyfield Lock in Potomac, MD.



To **register** for either date, please call the office at 220-244-3310 or [click here](#).

Thursday, October 22, Five Wishes: Aging with Dignity Lunch Series



Five Wishes Living Will workshop is taking place at the Palisades Community Church from 11:30 a.m. - 1 pm. Home Care Assistance will provide lunch. Space is limited. Please call the office to register.

Thursday, October 29, New Member and Volunteer Wine and Cheese

Let us welcome you to the Village in style. Join us at the home of Carol Lynn Halal from 5-7 pm. Get to know fellow new members and volunteers at this smaller informal gathering.



Community Calendar

Iona Mindful Living

Iona will be sponsoring a "Mindful Living Series" on Thursdays, October 1, 8, 15, 22 and 29 from 6:30 pm to 8:30 p.m. (\$125 fee - scholarships available). This series will focus on how to live a purpose-filled life through reflective learning. For more information, call 202-895-9420 or email community@iona.org.

Keeping Passion Alive in an Aging Relationship (Part 1 of Series)

Saturday, October 10. Sponsored by the Sibley Senior Association. \$15, includes lunch and parking fees. Call 202-364-7602 to register.

Rejuvenate Your Retirement

George Washington University in Mount Vernon (2100 Foxhall Rd NW) is hosting a course on financial planning for retirees. Learn how to make your retirement money work for you, allow you to afford for the activities you love, get the most from your investments and cover your health needs. Courses run Thursday, October 15 & 22 from 1:00 pm - 3:00 pm or Tuesday, October 20 & 27 from 9:30 am - 11:30 am. Workbook will be provided. Registration \$59. For more information or to register, please call 202-355-9464.

Palisades Village | PO Box 40403 | Washington DC 20016
202-244-3310 | info@palisadesvillage.org
Andrea Saccoccia, Executive Director

[Forward this email](#)



This email was sent to jsjoberg@palisadesvillage.org by asaccoccia@palisadesvillage.org | [Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [About our service provider](#).



Palisades Village | P.O. Box 40403 | Washington | DC | 20016-0403